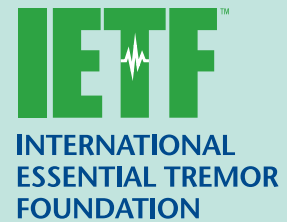


# Annual Report



April 1, 2007 through March 31, 2008

## From the executive director

### IETF Board of Directors

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Shari Finsilver

**Past President**

L. William Teweles

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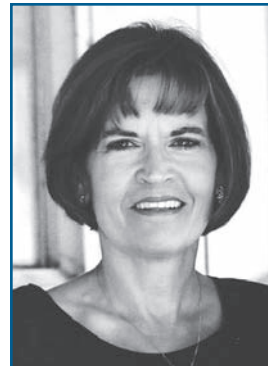
Sara S. Salles, D.O.

Kapil D. Sethi, M.D., FRCP

Mark Stacy, M.D.

Ray L. Watts, M.D.

IETF fiscal year 2008 (FY08) was about renewing our commitment to you and all those who are yet unaware of essential tremor (ET). FY08 was also about meeting challenges to once again become the premier source of information about ET and ET research.



Catherine Rice,  
Executive Director

Specific accomplishments for the year:

- Developing a national fundraising campaign, Tulips for Tremor;
- Improving community outreach through awareness events and the IETF Community Ambassador program;
- Making improvements in Tremor Talk, and developing a newsletter, "The Scoop on Tremor," to provide valuable information about advancements in research;

- Developing 15 new support groups;
- Advertising in national magazines, Readers Digest in Large Print and US News and World Report.

These are just a few of the positive changes made during FY08. Please read on to learn more about the accomplishments that were made possible by our members, contributors and grantors. We hope

that you will decide to join us in the mission to tell the world about ET, fund research, and to help the more than 10-million people affected by ET.

Sincerely,

Catherine Rice  
Executive Director



The IETF is a proud member of:

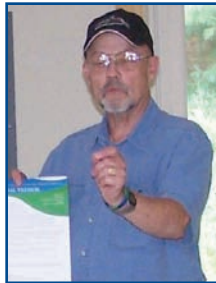


## FY08 Milestones

- There were 1,156 new members added to the database, an increase of more than 3% over FY07.
- There were 4,382 membership renewals, an increase of more than 13% over FY07.
- There were 4,772 information packets mailed to individuals and families, an increase over FY07 of 1%.
- The total number of membership gifts increased 582 or 12%.
- The number of end-of-year appeal donations remained the same, but the amount of end-of-year appeal donations increased by 14%.
- There was a 38.4% increase in the numbers of persons joining the Presidents Club.

## Community Ambassadors

Funded by a grant from the Medtronic Foundation, the IETF Community Ambassador program's first representatives were recruited and trained to begin working within their communities to support the mission of the IETF by assisting those affected by ET, and raising awareness about ET. The persons chosen to represent the IETF as ambassadors in FY08 were Dr. Preston Boggess, Copper Hill, VA; Dr. Wayne Dubner, Alpharetta, GA; Peter Muller, Centreville, VA; Joan Robbins, Stuart, FL; and, Betty Ann Schwarz, Katy, TX.



Dr. Preston Boggess

*FY09 plans* include submission of a renewal grant to expand the program in the Mid-Atlantic region. The Ambassador program was very successful last year in establishing new support groups and raising awareness throughout the individual states. Increasing the outreach with the expansion of the areas will bring about greater awareness and support for those affected.

## Support Groups

FY08 was a restructuring year for IETF support groups. Older, inactive groups disbanded, but 15 new groups formed through the efforts of the IETF Community Ambassador program. By the end of the fiscal year, there were 61 active support groups, including new groups in Northern Colorado, Daytona Beach, Wellington/West Palm Beach, FL; Atlanta, GA; Sunderland, Baltimore, MD; Wilmington, NC; Katy, TX; Roanoke, Copper Hill, Chesapeake Beach; Lexington, Lynchburg, Richmond, VA; and Morgantown, WV.

The Shaking Up Awareness about ET campaign expanded during FY08. Besides attending conventions and health fairs, and sending physician and Ambassador mailings, the IETF:



- Developed blue/green silicone bracelets for people with ET. These are available for purchase in groups of five. Proceeds go to ET research and awareness programs.
- Ordered IETF computer screen cleaners to replace pens as the give-away at conventions, health fairs and other events.
- Designed four banners and three tablecloths for use by Ambassadors and IETF staff at conventions, health fairs and other events.
- Presented 29 community education events, partially funded by a grant from Medtronic Corporation. Event sites were: Prescott, AZ; Atlanta, GA; Fresno, Los Angeles, Pasadena, Sacramento, San Rafael, CA; Colorado Springs, CO; Iowa City, IA; Chicago, Rock Island, IL; Louisville, KY; Boston, MA; Omaha, NE; Hackensack, NJ; Albany, Buffalo, Binghamton, New York City, Rochester, NY; Erie, Hershey, PA; Charlottesville, VA; Salt lake City, UT; Burlington, VT; Spokane, Seattle, WA; Morgantown, WV, Las Vegas, NV.

FY09 plans include the addition of new products and the creation of a web store. New products, displaying the Shaking Up Awareness about ET logo will include caps, polo shirts, and tote bags. All these products, along with Tulips for Tremor products, will be available on the new IETF web store at [www.essentialtremor.org](http://www.essentialtremor.org). Twenty to 25 events are planned for FY09 with additional support from the Medtronic Corporation.

## Fundraising

The IETF's first national fundraiser, *Tulips for Tremor*, grossed \$51,672 through tulip bulb sales, donations and sponsorships. Sponsorship money totaling \$24,550 was used to purchase national advertising in *US News and World Report* and *Reader's Digest Large Print*.

*FY09 plans* include adding a clothing line, caps, tote bags and jewelry to supplement the purchase of tulip bulbs during the Tulips for Tremor campaign. National advertising will appear in AARP, Grand and Mature Living magazines. Additional fundraising initiatives include planning the IETF's first walk-a-thon and adding T-shirts to the clothing line.

## Publications

- The Scoop on Tremor, the IETF's research newsletter, made its appearance in February 2008. It updates members on the growing number of clinical trials, and ET research studies funded by the IETF and other organizations. The newsletter is published three times a year and is mailed in February, June and November.
- Three flyers were developed to provide people with more concise information about ET. These flyers include the "Essential Tremor Fact Sheet," "Medications," and "Coping with Essential Tremor."

### *FY09 publication plan:*

- Reformat the member newsletter, Tremor Talk, into a magazine to be published twice a year. In addition, members will also receive The Scoop on Tremor three times a year.
- Reformat the FY08 Annual Report as an insert for the Fall/Winter edition of Tremor Talk to save on printing as well as postage costs. The Annual Report will still be available online on the website.
- Update the essays and articles now being distributed separately, and combine them into a bound special anniversary edition of essays to be sold at a special low price.
- Update the Spanish versions of the Patient Handbook and marketing brochure. In addition the flyers, "Essential Tremor Fact Sheet," "Medications," and "Coping with Essential Tremor;" will be translated to Spanish to offer the Spanish-speaking communities more information about ET.
- Update the Presidents Club brochure and create a Planned Giving brochure to inform the public about the value of supporting the IETF.

## Research

The IETF awarded \$50,000 to two deserving researchers in FY08.

- Dr. Khalaf Bushara, assistant professor of neurology at the Minneapolis Veteran's Administration Medical Center, was awarded \$25,000 for "Neural Correlates of Essential Tremor." This research used noninvasive magnetic resonance imaging technology (MRI) to identify neural correlates of ET, and to develop a non-invasive method to diagnose and monitor treatments. Results of this study are still pending.
- Dr. Frederic Calon, assistant professor, Molecular Endocrinology and Oncology Research Center at Laval University Medical Center, Quebec City, Canada, was awarded \$25,000 for "Postmortem Neurochemical Alteration in Essential Tremor Patients: A Clinicopathologic Study of Essential Tremor." This research focused on postmortem

neurochemical investigations of the cerebellum of ET patients to identify alterations with the intent of developing new treatment strategies.

*Results: The current treatments of many brain diseases such as Parkinson's and Alzheimer's stem from discoveries made by directly studying the brain of patients who died with these diseases. There is a critical lack of such studies performed with patients who suffered from ET. Dr. Ali Rajput is a neurologist specializing in movement disorders and, since 1969, has collected brain samples from patients who came to his own movement disorder clinic and were diagnosed with various motor afflictions. In collaboration with Dr. Rajput, Dr. Calon and his staff have undergone a comparative study of the cerebellum (a brain structure thought to play a role in ET) from patients who suffered from ET, Parkinson's disease or no neurological disorders. During the first year of this research project, they have extracted, processed and stored series of samples in order to perform a multitude of experiments. Up to now, they have identified changes in specific cerebellar proteins, which could play a role in ET. They will proceed to additional studies to confirm these preliminary data and to investigate possible applications.*

## Bequests

The IETF is very grateful to the families of those persons listed below for the support received through bequests and memorials. In FY08, the IETF received three bequests totaling \$384,000.

- Martin Stinar, through The Stinar Family Trust, Petaluma, CA, willed \$284,000 to the IETF to "be used for medical research into the causes and cure of essential tremor."
- Howard Fisher Charitable Trusts, Chico, CA, will receive approximately \$40,000 a year as a share of the trust's annual earnings for the next 18 years. This year the IETF received \$49,381.
- Melville R. Van Buskirk, Bucyrus, OH, willed the IETF \$47,517 in memory of Doris Van Buskirk, who had ET until her death in 2005. The Van Buskirks had been married 60 years.

Again, the IETF thanks the Stinar, Fisher, and Van Buskirk families for their dedication in funding ET research and continuing the battle to raise awareness about ET.

## IETF Staff

Carol Rucker joined the IETF staff as membership coordinator in August of 07. The staff totaled four and included Catherine Rice, executive director; Debbie Lovelace, publications editor and public relations specialist; and Dee Ragan, marketing specialist for events and support groups.

## Presidents Club

The IETF would like to recognize and thank the members of the Presidents Club for their valuable support and leadership. For more information about the Presidents Club, call IETF Executive Director, Catherine Rice, at 888-387-3667.

Joe D. & Loretta Barbee  
Ricki J. Bell  
David & Barbara Berryhill  
Eleanor Bredvold  
Paul Broyhill  
Capt. Ben C. Byrnside  
John & Dolores Cakebread  
Lillian A. Courtheoux  
Virginia Culver  
Gus Davis  
Judith Farrell-Booth  
Stanley and Shari Finsilver  
Anna Fischer  
David & Terri Friedman  
Richard & Catherine Frinier  
Juanita Froelich  
Mary Gibbons  
Mrs. Dorothy Giles  
Robert G. Grahamslaw  
Carol Gruen  
George III & Lara Lee Gund  
Benjamin Hampton  
Gertrude Hankin  
Paul Heavener  
Martin & Heather Holford  
Margaret Klein  
Jeanette S. Koppelman  
Theodore T. & Michelle Leber  
John G. Mancino  
Elizabeth McQuale  
Stephanie Mendel  
Richard M. Morano  
Beverly & Herbert Myers  
Stewart Noe  
Robert & Rosemary Nothwanger  
Gladys Olson  
Joan Robbins  
Vivien Augusta Rock  
Russ & Arlene Rosen  
Byron Scott  
Lee & Susan Smith  
Alan & Terri Spoon  
Frank Soroka  
Joan C. Stearns  
Julie Swanson  
William L. Teweles  
Margaret B. Thaw  
Raymond Warman  
Douglas & Ruthanne Ward  
Leah R. Wickham  
Inez Wilson  
Gary & Peggy Winterrowd  
Fred M. Young  
Leonara Zamuco  
Suzanne Zimmer  
Alfred G. Zook

## Memorials and Honorariums

Fiscal Year April 2007  
through March 2008

### Honorariums

ALL ET SUFFERERS  
*John & Helen Berky*  
JOAN MARIE BARRINGER  
*Ms. Maria De Fatima De Medeiros*  
*Sheron Jones*  
DR. BERTHA BLANCHARD & STAFF  
*Thad Shows*  
DR. PRESTON BOGCESS  
*Bob Bayer & Ms. Oliver*  
SYLVIA BROCKSTEIN  
*Heidi Brockstein*  
STEPHEN S. BARNES  
*Louise Barnes*  
EZRA MILES COHEN  
*Stan & Shari Finsilver*  
PERRI & RICHARD COURTHEOUX  
*Lillian Courtheoux*  
RICHARD COURTHEOUX  
*Lillian Courtheoux*  
LILLIAN COURTHEOUX  
*Richard Courtheoux*  
ANDRIE CUMMINGS  
*Phoebe Lou Doughty*  
SHARI FINSILVER  
*Gerson & Carol Cooper*  
*Frances J. Finsilver*  
*Joyce Keller*  
*Pamela Nadler*  
*Rabbi Jennifer A. Tisdale*  
AMY FRIEDLANDER  
*Carole R. Friedlander*  
FLORENCE GARNICK  
*Phillip & Jeannine Sisko*  
COLEEN GEORGE  
*Debra Ryan*  
PERRY GOLDEN  
*Marvin Hershman*  
VIRGINIA HAMPTON  
*Marleen Jewell*  
JOSEHINE HARDING  
*Arnold Harding*  
JANET HERSHMAN  
*Marvin Hershman*  
MARK & MARY HONEYMAN  
*Rene Applebaum*  
*Rhonda Dean*  
*Adam Cheslin*  
*Richard Groffsky*  
*Ms. Karebian's 8th grade foods class*  
*Monica Karbel*  
*Steve Karbal*  
*Pamela Nodel*  
*Marianne Sacks*  
*Alan Salle*  
*Lois Singer*  
*Alan Spigelman*  
*Kira Yesakov*  
BARBARA & MICHAEL HOROWITZ  
*Stan & Shari Finsilver*  
ARTHUR KORT  
*Harold Kort*  
KATHY MCCANN  
*Stan & Shari Finsilver*  
RICHARD HUNTER  
Eilene Toughy  
David Sherbin  
DALE MCGREGOR  
*Maureen Lizzi*  
*Jim & Carol Loftis*  
HELEN C. MCKINLEY  
*Mary Jane Zarybnisky*  
BRUCE MILEN  
*Barry & Connie Silverman*  
*Ms. Denise Kort*  
JUDY A. MILLER  
*Harold & Eunice Rosenow*  
KRISTIN MOTT  
*Eleanore Bredvold*  
SUE MORRISSEY  
*Stan & Shari Finsilver*  
BEVERLY & HERBERT MYERS  
*Jeanette S Koppelman*

TAMRA OZBOLT  
*David Evans*  
JERRIANNE & STEVE RAINS  
*Joann McClure*  
CHRISTOPHER RECALT  
*Jo Recalt*  
*Betty Schwarz*  
PATRICIA RUTH  
*Marvin Hershman*  
EDGAR & LEA SEATON  
*Gloria Oertie*  
ROSABEL SEIGAN  
*Marvin Hershman*  
TOM SEXTON, JR.  
*Celeste Null*  
EE SHACKELFORD  
*Pat Shackelford*  
SHARON & KATHARINE SPRIGLE  
*Joan Sprigle-Adair*  
SHELDON STERN  
*Stan & Shari Finsilver*  
BRAD SMITH  
*Leo & Beth Wilz*  
JOYCE SWAINE  
*Shirley Johnson*  
GIACO TRAGGIO  
*George, III & Lara Gund*  
*E. Gloria Hoffenberg*  
LOIS IRENE TUCK  
*Bruce C. Tuck*  
NEIL WALDMAN  
*Ed Waldman*  
ED WINBERG  
*W. Grant Robinson*

### Memorials

MARIE V. ALLENDINGER  
*Doris M. Danekind*  
SYLVIA ASH  
*Roslyn M. Meyer*  
RINNA ANN ATKINS  
*Larry & Donna Abraham*  
*Harlan & Betty Ackland*  
*A. Allen & Betty Atkins*  
*John & Barbara Atkins*  
*Nadine Atkins Family*  
*Susan Atkins Family*  
*Tommy & Nancy Atkins*  
*David L. & Patricia Blackwell*  
*Robert & Mary Clay*  
*Daniel Davis*  
*Bob & Donna Dwyer*  
*Sharon Fannin*  
*Carol A Fricke*  
*Myrna Glaser*  
*Forrest & Rosemary Greer*  
*Robert & Paula Hampton*  
*Arthur & Germaine Hartwell*  
*Grace W. Hornbuckle*  
*Dennis Irwin*  
*Helen Irwin*  
*Harold Irwin*  
*William E. & Mary Irwin*  
*Nina Miller*  
*William S. & Louise Overbey*  
*Merle & Virginia Perry*  
*David & Teresa Perry*  
*Ralph & Twila Penrod*  
*Ms. Lela Slack*  
*Curt Smoot*  
*Donald & Betty Smoot*  
*William & Donna Smoot*  
*Eloise A. Stram*  
*Roberta Stanton*  
*Faye Wisdom*  
MAX & LILLIAN BAER  
*Barbara J. Yaffe*  
GLADYS BANCOSKY  
*Mary Ann Parkman*  
WILLIAM BRAKSDALE  
*William & Laura Lyman*  
JOSEPH BEANEY  
*Betty L. Bott*  
*Phyllis W. Brockett*  
*Mr. & Mrs. Richard Brodeur*  
*Edward Brothers*  
*Marguerite K. Conlin*  
*Kenneth W. & Jane Dearden*  
*Edwin & Elizabeth*  
*Frank N. & Linda Ferreira*  
*Edwin S. Giles*  
*Charles J. & Mary Giorgi*  
*Doris D. Henley*  
*Thelma Kaminsky*

James & Mary Nally  
Richard J. Noonan  
Ralph S. & Dorothy Perkins  
Mr. & Mrs. CF Prentice  
Patricia Quaiel  
Red Rock Brewing Co.  
Frank & Marilyn Scimone  
Anna M. Seaton  
Corinne Smith  
OTTO BECK  
Nancy Klein  
PAUL E. BEGGROW  
Charles H. Damsel  
EDWARD S. BENTZ  
Zeena Abdulahad  
Mary Jane Bentz  
Ludmilla Trigos  
Larry & Anita Wolgast  
Robin Wolgast  
DOROTHY BERGMAN  
Suzanne Zimmer  
MAX BERSH  
Marvin & Arlene Karp  
ESTHER WINFREE BREATHITT  
Charles H. Damsel  
GLORIA RUBIN  
Suzanne Zimmer  
ELEANOR BURKE  
Cecily Burke  
ELEANOR CASTLEMAN  
Barry & Susan Roberts  
FRANK CASTLEMAN  
Susan Roberts  
FRED CHERRIN  
Arlyne Cherrin  
BERNICE COHEN  
Chester Cohen  
AMOS COLEMAN  
Susie Kostecka  
RAY CUMBIE  
Colleen Cumbie  
JEAN DAVID  
Jack & Kim Cooper  
ANTHONY E. DESANCTIS  
Carol Beck  
Sebastian & Lynda Calvano  
Kevin H. & Mary Beth Drayer  
Joe & Jo Ann Folz  
Theodore & Lucy Koenig  
Hartstrings, LLC  
Jim & Rosemary O'Malley  
Albert M. & Patricia Sardella  
Achille & Marie Vicoli  
Academy of Notre Dame De Namur  
ReMax- Bob Hollowell  
Joy Renfrew  
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Mildred Dickinson  
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Janice H. Kennelly  
Elizabeth Murray  
Kathleen O'Brien  
Patricia Piers  
Veterans of Foreign Wars  
PAUL E. DILES  
Edward Diles  
MARTHA DUMLER  
Dean & Betty Boxberger  
James Buller  
Dennis W. Dumler  
Cynthia Earley  
Gary & Ida Eichman  
D. Edward & Sue Elliott  
Dianne R. Farmer  
Wesley Flinn  
Brent Gustin  
CW Gustin  
Catherine Holland  
Ronald & Sylvia Hopkins  
Patricia K. Lamar  
C. Wayne & Odetta Marietta  
Malcolm L. & Janice Marshall  
Richard Michaelis  
Don & Wilma Michel  
MARIAN DURAY  
Philip J. & Bev Mullaney  
MICHAEL DWAN  
Carol Jerome

RAYMOND EESLEY  
Delphi Electronics & Safety  
Richard & Mary Griffin  
Ike Stage  
DAVID L. EHRICK  
Ms. N. Romelle Ehrick  
VINCENT ESPOSITO  
Margaret Esposito  
MICHAEL & LINDA FARQUAIS  
MOTHER  
Barry & Susan Roberts  
WANDA FELLMAN  
Marianne Dregson  
BETTY SUE FINDLAY  
Christine S. Monett  
VELMA GAFFNEY  
Juliet Dorn Clopton  
SARA ROSE GELLER  
Pam Tepler-Geller  
ROBERT J. GILES  
Mrs. Dorothy Giles  
Lillian A. Roth  
MURIEL GRABER  
Mark & Laura Lyman  
MARY GRABOSKI  
Byron Scott  
KENNETH GREEN  
Ida E. Green  
OPAL GROGAN  
Jane Bierdean Fike  
ROY A. GROSS  
Rose Hedrick  
John & Cindy Koncsak  
Bob & Eva Packard  
Bob Packard  
Social Security Administration  
MARIAN S. GRUEN  
Carol Gruen  
MARGARET GUTMAN  
Barry & Laura Roberts  
RUTH HAGLAGE  
Richard A. Haglage  
E. CONTANCE HATCH  
William & Susan Garner  
Elizabeth A. Schuck  
ANN GARLAND HEALD  
Mary F. Barker  
Herbert C. Breeding  
H. Preston Boggess, MD  
Theresa Houck  
Charles Irwin  
Norma McGhee  
Don McVey  
James & Patricia Morcom  
Gladys Martin  
Robert W. Moyer  
David Reid  
Jane Smith  
ROBERT HENDRICK  
Joe D. Barbee  
DAVE HERBRANDSON  
Irene Van Denburgh  
RICH HILLMAN  
Marvin G. & Jean DeWitt  
Jane Donahey  
David E. & Huana Hankins  
Margaret Ventresco  
Tyler D. Weisman  
Patrick Williams  
BRADLEY HUTCHEON  
Michael McQuillen  
AVIS IRVINE  
Mary O. Gripp  
Frank & Melanie Goddard  
BETTY P. JACOBSON  
West Suburban ET Support Group  
GLADYS M. JARRETT  
George & Jewell Zook  
MADELINE JOHNSON  
Joe D. Barbee  
STEPHEN JOHNSON  
Mary B. Johnson  
PETER KAMP  
Emeline Kamp  
DIANE KAYE  
Frances J. Finsilver  
MARY PAT KIEHM  
Jane Krembs  
GLADYS KIERSTEAD  
Robert Lee & Jeanne Albrecht  
Truman & Jackie Berry  
Zane & Jennifer Gee  
Korby Gilbertson  
Timothy A. & Julie Guethler  
Kandra Hahn

Doris Kinney  
Legacy Estates Mgt.  
Curtis Edward Maynard  
Bonnie K. Meltvedt  
Scott & Susan Norby  
Kurt & Dorothy Prai  
Radcliffe and Associates  
Jacque R. Rank  
Gil & Jan Rack  
Melvin & Dee Simpson  
Wayne E. Simpson  
Jim Swanson  
Zoya L Zeman  
OLETA KING  
Judie Harrell  
Alyssa Myres  
VESTAL KING  
Naomi King  
Verna Lippke  
Sharon Samson  
Werner Schmidt  
LORI KLINGHER  
Janice Polisner  
WILLIAM KOGLIN  
Mr. & Mrs. Walter Kessel  
Don & Joyce Koglin  
Ray Rosik  
William A. & Helen Schneider  
SIDNEY KORT  
Harold Kort  
J IRVIN LAKRITZ  
Barry & Susan Roberts  
EAN ROBERT LATHAM  
Mrs. Martha L. Bass  
BENJAMIN LEVINE  
Denise Kort  
SYLVIA MURZIN LIPSON  
Stanley Lipson  
MARY CAROLYN LIVINGSTON  
Laura Bock  
Charlie & Mary Carson  
Josephine Dill  
Celeste Klebba  
Homer & Linda Maassen  
Linn Women's Club  
Mr. & Mrs. Chris Sanborn  
ROBERT B. LOEW  
Peter & Alyce Carter  
MOM LUELLA  
Helen Kennelly  
BILL MCKINLEY  
Greg & Jane Ann Grafft  
Mary Zarybnisky  
ANNE MCINNIS  
Claude S. Bridges  
BARBARA MARSDEN  
Mervin C. & Carmelita Budge  
Suzanne Zimmer  
WILLIAM MARTIN  
Mary M. Chappuis  
PAULINE COPELAND FINK MATTES  
Donald B. Cheatham  
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Dessa McCleery  
Sheila Armstead Paige  
MICHAEL MESSITTE  
Barry & Susan Roberts  
FRANCIS I. MILLER  
Kit Walther  
Deborah Stewart  
EMILY MONTGOMERY  
Della W. Lynch  
HENRY GRADY MOORE  
Mr. & Mrs. Curtis W. Moore  
JUNE MURPHY  
James E. & Mary Ann Atkinson  
Gerald Britten  
Sandra Cramer  
Leonard & Christine Doom  
Gerald & Nancy Eaton  
Edward S. & Bonnie Elles  
Elizabeth A. Fischer  
Nathalia Fischer  
Bobbi A. Humbracht  
Joseph Leonardo  
Hazel Maier  
Arthur & Patricia Miller  
Joseph & Peggy Leonardo  
Mr. & Mrs. Elmer Lindback  
Sondra K. Kuhn  
Edward F. Murphy  
MERLIN MUIR  
Ms. J. Hammer  
DAVID MURPH  
Rita Johnson

JUNE MURPHY  
Gerald R. & Nancy Britten  
REBECCA MYERS  
Janet Dahrsnin  
HUGH CHANDLER NICHOLS  
James Allen & Nancy Crawford  
Al & Shirley Goodbary  
Emily Guffey  
Richard, Debby & Justin Hall  
Kim Kasten  
URS Corporation  
Drs. Kent & Carol Olson  
Margaret A. Phares  
John & Betty Russell  
Joseph N. & Nancy Tomlinson  
CHARLES H. O'BRIAN  
Lela O'Brian  
LYALL T. ODEGARD  
Stanley & Laverne Brett  
PJ & Martha Callahan  
Raymond & Joan DeVries  
Joan L. Jones  
Lynn Lucky  
James F. Odegard  
Scott & Pamela Watson  
RANDY OLSON  
Gladys Olston  
LOUIS L. OTTO  
Carol L. Moody  
Chris Moody  
Dorothy Otto  
SALLY PEARL  
Suzanne Zimmer  
MARY JANE PERRINE  
Joan Robbins  
G. EARL QUATTLEBAUM  
Charles Damses  
MARILYN RACHMIEL  
Barry Roberts  
VIVIAN RAYHILL  
Raymond Warman  
Dorothy E. Otto  
RICHARD RELLO  
James Franzosa  
GRACE RISTOW  
Charles & Denise Diebele  
ROBERT RODE  
Albertus van Grondelle  
GLORIA RUBIN  
Suzanne Zimmer  
THEODORE RUDNER  
Stan & Shari Finsilver  
HELEN M. SABOURIN  
Joanne Morse  
ELSIE EHRMANN SANDLER  
Carole Barsdorf  
Olie Mildred  
JULIUS SAMUELSON  
Amy Samuelson  
RUSSELL SCHAFFER  
Eleanor Schaffer  
CAROLINE SCHWARTZ  
Stephanie Batson  
Nancy Beckermedina  
Marta Foster  
Angela Franklin  
Marshall Gardner  
Lupe Gonzales  
William Halsell  
Cynthia A. Singh  
American College of Emergency  
Physicians  
Dallas Bead Society  
LEONARD SEECH  
Alamo Wood Products, Inc.  
David & Janet Best  
Enterprise Engineering Consultants  
Stephen F. Farrin  
Barbara Fischi  
David Hamley  
Dr. David & Marjorie Hartsock  
Cecelia Lenzi  
John & Helen Schavone  
Elizabeth Slater  
Ruth Steele  
Loretta Terrick  
Bill & Kathleen Till  
Jim & Mary Margaret Wehner  
Thomas & Carol Wright  
WELDON SHIELDS  
Marleta Crim  
EARL SHIPPER  
Barry & Susan Roberts  
ELEANOR SILK  
Susan Roberts

RICHARD & HARRY SMILES  
Teresa Smiles  
SHARON SNAVELY  
John & Elaine Cahill  
MARTHA SOROKA  
Ned F. Bauhof  
Dean E. & Nina Biscan  
Cseko Family  
Frances F. Daymut  
Jean F. Gadd  
John E. Gadd  
David Kent  
Michele Nichols  
Joy Pate & Bruce Sherf  
The General Metals Powder Co.  
Richard & Lori Hanson  
Don & Delores Richards Family  
FRANCES M. STAMBAUG  
Charles H. Damsel  
WAYNE D. THOMPCKINS  
Betty N. Baker  
Marian Chase  
N. Robert & Pam Day  
George Dimech  
Dale & Donna Schnoor  
Billie Sturgis  
Kathlyn Thompkins  
Tom Tompkins  
Holly & Kay Wagner  
Cecil E. & Dorothy Walker  
JOHN B. TRUMPS, SR.  
Albert H. & Brenda Robinson  
PAULINE VAINSTEIN  
Laura Kirk  
Ellen Shapiro  
N.A. VAUGHTER  
David C. Vaughter  
CHARLOTTE WEINSTEIN  
Barry & Susan Roberts  
DON WESTOFF  
Bill & Margaret Myers  
HELEN WILLIAMS  
Amy Casai  
DOROTHY WILSON  
William & Ann Cook  
Doris Silver Durr  
Richard H. Loomis  
Robert & Joellen Rice  
Melvin & Ellen Rosen  
John W. & Sallyanne Wilson  
ALBERT WOLLENBERG  
Mrs. Lynn Anderson  
Janet Hutchinson  
BILLY & TAMMY WOOD  
Doris Wood  
OSCAR WORD  
Edith Wood  
CAROL EPSTEIN YOUNG  
Leonard Epstein  
AVNNER ZAFARYAR  
Blake Froehlich  
EILEEN G. DAVIS-ZERN  
Charles Domsel

## Matching Gifts

ADAM J. BOZAR  
Adam J. Bozar  
ALLSTATE INSURANCE  
Colin Tooker  
BP AMOCO FOUNDATION, INC.  
Bob & Carole Wagner  
CHEVRON TEXACO  
MATCHING GIFT PROGRAM  
Patricia S. Roach  
ENPRO INDUSTRIES  
Elaine Hennessy  
ITW FOUNDATION  
Linda Curcio  
JOHNSON & JOHNSON  
FAMILY OF COMPANIES/  
MATCHING GIFT PROGRAM  
Margaret Treacy  
THE JP MORGAN CHASE  
FOUNDATION  
Rose Lowensohn  
JACQUELINE KNUÉ  
Jacqueline Knué  
THE PITTSBURGH FOUNDATION  
James Rich

## Two members added to the Medical Advisory Board

### Peter Hedera, MD

Peter Hedera, MD earned his Doctor of Medicine degree at the Medical School of Jan Amos Comenius University in Bratislava, Czechoslovakia (currently the Slovak republic) in 1987. In 1991 he relocated to the United States, spending the next three years as a postdoctoral fellow in the laboratory of Dr. Robert P. Friedland at Case Western Reserve University in Cleveland, OH.



Peter Hedera, MD

In 2002, he joined Vanderbilt University's faculty as assistant professor of Neurology. In addition to his clinical, research, and teaching responsibilities, Dr. Hedera serves as ad hoc reviewer of a number of professional journals.

His research interests are focused on understanding the genetic basis of spastic paraplegia and ET. His goal is to identify the genes involved and how changes in those genes cause the disorders. His hope is that once that information is known, better treatments or a cure can be found.

### Claudia Testa, MD, PhD

Claudia Testa, MD, PhD is an assistant professor of Neurology at Emory University, Atlanta, GA and is co-director of Emory's Center for Neurodegenerative Diseases Movement Disorders Program.



Claudia Testa,  
MD, PhD

Dr. Testa earned a Bachelor of Arts degree in Biophysics from The Johns Hopkins University, Baltimore, MD; a Masters of Engineering degree from Cambridge University, Cambridge, England and a medical doctorate and a Doctor of Philosophy degree in neuroscience from the University of Michigan, Ann Arbor, MI.

Her research interests include mitochondrial dysfunction, systems of neurobiology and experimental therapies in neurodegenerative disorders.

## Financial Report

### Net Assets

There was an increase in net assets of \$401,148. The \$42,009 in restricted funding released from restrictions was used to fund programs budgeted for FY08. These funds consisted of donations received in FY07 designated and restricted for the purpose of funding research and funding provided by the Medtronic Corporation for the purpose of facilitating ET Community Events. The IETF awarded \$50,000 to ET researchers in FY08.

When comparing FY08 to FY07, membership dues revenue increased \$26,289 or 8%. Special events revenue consisted of the Tulips for Tremor campaign, book and mouse adapter sales and increased \$77,448 or 66%. Contributions from public and grant support increased \$45,226 or 36%. Research revenue comprises \$32,702 of this total and increased 83% over last year. Bequest and memorial revenue increased \$343,459 or 86%.

### Expenses

Total expenses increased \$95,885 compared to FY07. This increase is the result of growth in services necessitating more educational materials, a greater number of ET Community Events, and community outreach through the Community Ambassador program. Community outreach was in part funded by grants provided by the Medtronic Foundation, Medtronic Corporation and the ANS Corporation. Program expenses accounted for 71%, Management and General Expenses 9% and Fundraising 19%.

## Independent Auditors' Report

We have audited the accompanying statements of financial position of International Essential Tremor Foundation (a nonprofit organization) as of March 31, 2008 and 2007, and the related statements of activities, functional expenses and cash flows for the year then ended. These financial statements are the responsibility of the Organization's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of International Essential Tremor Foundation as of March 31, 2008 and 2007, and the changes in its net assets and its cash flows for the years then ended, in conformity with accounting principles generally accepted in the United States of America.

DANA F. COLE & COMPANY, LLP  
Overland Park, KS  
August 5, 2008

# IETF

## Statement of Financial Position

Years Ended March 31, 2008 and 2007

	2008	2007
<b>ASSETS</b>		
<b>CURRENT ASSETS</b>		
Cash	255,808	224,129
<b>PROPERTY AND EQUIPMENT</b>		
Office equipment	33,930	33,844
Less accumulated depreciation	(30,399)	(27,117)
Net property and equipment	3,531	6,727
<b>OTHER ASSETS</b>		
Investments – certificates of deposit	378,168	0
Security deposits	1,100	0
Total other assets	379,268	1,100
<b>TOTAL ASSETS</b>	<u>638,607</u>	<u>231,956</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>LIABILITIES</b>		
Accrued expenses	15,803	10,300
<b>NET ASSETS</b>		
Unrestricted	221,937	120,251
Unrestricted – Board designated	25,000	25,000
Total unrestricted net assets	246,937	145,251
Temporarily restricted	375,867	76,405
Total net assets	622,804	221,656
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<u>638,607</u>	<u>231,956</u>

# IETF

## Statements of Cash Flows

Years Ended March 31, 2008 and 2007

	2008	2007
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>		
Increase (decrease) in net assets	401,148	(41,190)
Adjustments to reconcile change in net assets to net cash provided by operating activities:		
Depreciation	3,197	3,282
Increase in operating liabilities:		
Accrued expenses	5,502	2,407
Net provided by (used in) operating activities	409,847	(35,501)
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>		
Investment in property and equipment		
purchase of investments	(378,168)	(1,951)
Net cash used in investing activities	(378,168)	(1,951)
<b>INCREASE (DECREASE) IN CASH</b>	31,679	(37,452)
CASH, beginning of the year	224,129	261,581
CASH, end of the year	255,808	224,129

# IETF

## Statements of Activities

Years Ended March 31, 2008 and 2007

	2008			2007		
	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
<b>REVENUES, GAINS AND OTHER SUPPORT</b>						
Contributions	94,407	32,702	127,109	76,430	5,453	81,883
Honoraria	7,738		7,738	7,976		7,976
Interest	21,873		21,873	5,497		5,497
Membership dues	321,459		321,459	295,170		295,170
Memorials and bequests	114,649	284,000	398,649	55,190		55,190
Other exempt function revenues	13,878		13,878	5,230		5,230
Program service fees	21,015		21,015			
Special events	92,917	24,769	117,686	40,238		40,238
Amounts released from restrictions	42,009	(42,009)	0	78,184	(78,184)	0
<b>Total revenues, gains and other support</b>	<b>729,945</b>	<b>299,462</b>	<b>1,029,407</b>	<b>563,915</b>	<b>(72,731)</b>	<b>491,184</b>
<b>EXPENSES</b>						
Program expenses	449,631		449,631	400,154		400,154
Management and general expenses	58,929		58,929	50,038		50,038
Fundraising expenses	119,699	0	119,699	82,182	0	82,182
<b>Total expenses</b>	<b>628,259</b>	<b>0</b>	<b>628,259</b>	<b>532,374</b>	<b>0</b>	<b>532,374</b>
<b>CHANGE IN NET ASSETS</b>	<b>101,686</b>	<b>299,462</b>	<b>401,148</b>	<b>31,541</b>	<b>(72,731)</b>	<b>(41,190)</b>
<b>NET ASSETS, beginning of year</b>	<b>145,251</b>	<b>76,405</b>	<b>221,656</b>	<b>113,710</b>	<b>149,136</b>	<b>262,846</b>
<b>NET ASSETS, END of year</b>	<b>246,937</b>	<b>375,867</b>	<b>622,804</b>	<b>145,251</b>	<b>76,405</b>	<b>221,656</b>

# IETF

## Statement of Functional Expenses

Years Ended March 31, 2008 and 2007

	2008				2007			
	Program Expenses	Management and General Expenses	Fundraising Expenses	Total	Program Expenses	Management and General Expenses	Fundraising Expenses	Total
Ambassador program	17,695			17,695				
ANS events	9,807			9,807				
Bank charges	4,634	869	289	5,792	3,261	612	204	4,077
Board travel and meeting	4,454	835	279	5,568	3,016	566	189	3,771
Depreciation	2,558	480	159	3,197	2,626	492	164	3,282
Design work	1,406	264	88	1,758	484	91	30	605
Direct costs of special events			78,540	78,540			35,356	35,356
Dues and subscriptions	358	67	22	447	137	26	9	172
Education and public awareness	94,881		23,721	118,602	90,677		22,669	113,346
Equipment maintenance	9,724	1,823	608	12,155	8,544	1,083	1,053	10,680
Insurance	15,792	2,961	987	19,740	15,906	2,982	994	19,882
Leadership awards		1,560		1,560				
Legal and accounting	6,827	1,280	427	8,534	6,944	1,302	434	8,680
Lease	7,672	1,439	479	9,590	4,374	820	273	5,467
Marketing and public relations							7,613	7,613
Miscellaneous	5,158	967	323	6,448	2,918	548	182	3,648
Office supplies	3,658	686	229	4,573	2,837	532	177	3,546
Payroll taxes	10,055	1,885	629	12,569	9,886	1,853	618	12,357
Pension	1,403	263	88	1,754	3,114	583	195	3,892
Postage/freight	22,053	4,135	1,378	27,566	22,620	4,241	1,414	28,275
Printing	26,248	4,922	1,640	32,810	25,295	4,743	1,581	31,619
Rent	13,530	2,537	845	16,912	12,577	2,358	786	15,721
Salaries	135,841	25,470	8,490	169,801	122,852	23,035	7,678	153,565
Specific assistance for research and development	44,605			44,605	52,419			52,419
Support groups	3,615			3,615	653			653
Taxes, licenses and fees		5,050		5,050		2,481		2,481
Telephone	4,292	805	268	5,365	4,492	842	281	5,615
Website maintenance	3,365	631	210	4,206	4,522	848	282	5,652
<b>TOTAL</b>	<b>449,631</b>	<b>58,929</b>	<b>119,699</b>	<b>628,259</b>	<b>400,154</b>	<b>50,038</b>	<b>82,182</b>	<b>532,374</b>